# **Skin Tear Risk Assessment Pathway\***



#### GENERAL HEALTH

- Chronic/critical disease
- Polypharmacy
- Impaired: cognitive, sensory, visual, auditory, nutrition

## **MOBILITY**

- History of falls
- Impaired mobility
- Dependent activities of daily living (ADLs)
- Mechanical trauma

#### **SKIN**

- Extremes of age
- Fragile skin
- Previous skin tears

### **No Risk Factors**

Reassess with change of status

At Risk: 1 or more of the risk factors listed above

High Risk: visual impairment. impaired mobility, dependent ADLs, extremes of age, previous skin tears

> Implement Skin Tear Risk **Reduction Program**

See Quick Reference Guide and/or ISTAP Risk Reduction Program

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\*Strength of evidence C, expert opinion



**International Skin Tear Advisory Panel (ISTAP)** Working towards a world without skin tears.





